

#### Neuro-IT Workshop July 8, 2003

Alicante, Spain



# **BIOmimetic structures for LOComotion** in the Human body

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# BIOLOCH: <u>BIO</u>-mimetic structures for <u>LOC</u>omotion in the <u>H</u>uman body

#### Objective

- To understand motion and perception systems of lower animal forms
- To design and fabricate mini- and micro-machines inspired by such biological systems.

#### Long term goal

- A new generation of autonomous smart machines with:
- life-like interaction with the environment
- performance comparable to the animals by which they are inspired.

#### **Envisaged** application

The "inspection" problem in medicine (microendoscopy).







## The BIOLOCH Consortium

- SSSA Scuola Superiore Sant'Anna, Pisa, Italy
- UoB University of Bath, United Kingdom
- UoP University of Pisa, Italy
- FORTH Foundation for Research and Technology, Heraklion, Greece
- UoT University of Tubingen, Germany
- IHCI Steinbeis Institute of Healthcare Industries, Germany





## The BIOLOCH Approach







Propulsion mechanisms: - locomotion mechanisms

- adhesion mechanisms

# Locomotion in the human body: constraints

Robotic endoscopy of the gastrointestinal tract and beyond: a grand challenge

# The Problem: Gut Pathologies



## Importance of Colonoscopy

.....quoted from New England Journal of Medicine (20 March, 2000)

- Colon cancers are one of the deadliest but most preventable malignancies
- Kills 437 000 people worldwide each year, 98 500 from the European Union
- Curable 90% of the time, if detected and treated in the earlier stages
- Death toll could drop by 50 to 75% with mass screening of the population
- •Top medical practitioners recommend: *Sigmoidoscopy every 5 years Barium Enema every 5 to 10 years Colonoscopy every 10 years Stool test every year*



*Endoscopic View of fungating colon cancer* 

 Colonoscopy tops the list of recommendations because the entire colon can be inspected and therapeutically treated as soon as ailments are discovered

> Mass screening of population for colon ailments would be desirable

# **Traditional endoscopy**

The endoscopist must produce a force (by his/her hand) and a torque (by his/her wrist) to push the tool into the human body (e.g. the colon)

The endoscope is a quite thick and rigid shaft containing bundles of optical fibers, channels for air, water and drug, therapy and biopsy tools



It is almost impossible to avoid the colon to be stretched quite extensively, thus causing pain to the patient





**Mesentery muscles** 

# Possible solutions

 Reducing the stiffness of the endoscope
Transferring control functions from the brain of the endoscopist outside the body to a robotic endoscope inside the body

# "Inchworm" locomotion



#### **Distal clamper**

**Central elongator** 

**Proximal clamper** 





Typical colonoscopy prototypeDiameter :24 mmRetracted Length : 115 mmElongated Length : 195 mmStroke:80 mm

# In vitro tests of a (teleoperated) prototype colonoscopy system





# Possible solutions

 Reducing the stiffness of the endoscope
Transferring control functions from the brain of the endoscopist outside the body to a robotic endoscope inside the body







Propulsion mechanisms:- locomotion mechanisms

- adhesion mechanisms

Mechanisms of friction enhancement and tribological studies *Adhesion by mechanical devices* 

# Exploring novel adhesion mechanisms



#### Adhesion by Suction

Taenia Solium



Adhesion by biological glue

Snail



#### **Adhesion by Friction**









Taenia solium, the well-known parasite of the human intestine, clings to biological tissue with a two-step strategy involving:

- Mechanical clamping (hooks)
- Suction



# Design and fabrication of bio-inspired adhesion mechanisms





(a) normal configuration; (b) flow in; (c) flow out



Cylinder of polimeric material (Nylon)







Aluminium hooks are used to create a special wax mould to fill with Epotex (epoxy bicomponent resin).

When sliding part moves upward: a vacuum is generated (sucker can work); the membrane is stretched (hooks can grasp the tissue)



#### **Replicating Taenia solium**



At first the hooks are located in the proximity of the lateral wall. When the device is actuated, the mobile part moves outward stretching the membrane in which the hooks are embedded.



## "Liquid bridge" technology

A cylinder of Nylon 6 (diameter: about 500µm) melts in contact with two high temperature metal tips.

The surface tension of the melted polymer realizes a liquid bridge between the metal parts.

When the metal tips are moved apart the liquid bridge is shaped by surface forces (it splits into two hook-shaped parts when the strain exceeds a critical value).





Artificial hook, fabricated by *"liquid bridge*" technology



#### more details



### µEDM technology

The hooks can be fabricated using stainless steel machined by Micro Electro Discharge Machining



possible batch production







#### Prototype



The actuation rod is manually displaced in order to stretch outward the membrane. The hooks are embedded in the polymeric membrane before curing.





The extension of the membrane pushes the micro-hooks against the tissue. The sucker will be mounted in the central hole.





Propulsion mechanisms:locomotion mechanismsadhesion mechanisms

Mechanisms of friction enhancement and tribological studies *Adhesion by interface modification* 



#### Adhesion by interface modification

Some materials or conditions can catalyse the adhesion process. Two processes can be pursued

- Gluing phenomena: special materials are added in proximity of an interface
- Interface alteration: some parameters of the surface are changed



The motion of snails acts as inspiration: a special gland in the foot secretes mucus that helps the snail to move.



#### **Biological adhesive clampers**

The glue which has been used is composed of glucose and water. It is frequently used in sport fishing.

Water acts both as activating and detaching agent.

The glue is:

- non- toxic
- reversible
- easily activated by wet substances in the gut



Another option we are considering: photo-curable, reversible and biocompatible adhesives

## Design and fabrication of bio-inspired adhesion mechanisms







Propulsion mechanisms:- locomotion mechanisms- adhesion mechanisms

Mechanisms of friction enhancement and tribological studies *Differential friction phenomena* 



#### **Differential Friction Phenomena**

Mini-robot prototypes endowed with an "automatic" system able to produce pulsed movements, without the use of external sensor of perception and a complex system of control of the motion.



total weight: 70 g length: 7 cm



Internal structure of the system:

two counter motors on which an eccentric mass is placed. In this manner we reproduce an asymmetrical motion that is directed by asymmetrical skates under the platform on which the motors and the voltage supply are mounted.



#### **Differential Friction Phenomena**

In order to optimize rectilinear movement of prototype, we choose to cover the external surface with polymeric microstructures that could guarantee to the robotic system to transform the asymmetrical motion in an symmetrical motion.

The structure of *avena sativa* can serve as a source of ispiration: this plant is able to move on different substrates with helicoidal motion under a humidity gradient and it is able to adhere to the substrate. The presence of small scales on the surface of the plant allows to move only in one direction.







Using this mask, we obtained the master showed in the next figure through softlithographic process with height of photo-resist of 40 micron.







Propulsion mechanisms:locomotion mechanismsadhesion mechanisms

**Undulatory locomotion:** *the oligochaete annelids* 



## Oligochaete Annelids: peristaltic locomotion

# Oligochaete use peristaltic locomotion to crawl (or burrow) on many kinds of soil

Propulsion is generated by alternated longitudinal and circular contractions (waves flowing from the head to the tail)

Setae come out during longitudinal contraction and come in during circumferential contraction

The circumferential contraction generates a pressure wave in the celomic liquid









$$\dot{v}_A(t) = \ddot{\Delta}(0,t) - \frac{g}{\Psi} \int_0^L \mu(x,t) r_0^2(x) \, sgn[v_A(t) + \dot{\Delta}(x,t) - \dot{\Delta}(0,t)] dx$$





#### **Polychaete Inspired Model**



> Above is an initial model inspired by the undulatory locomotion displayed by the nereid polychaete.

The mechanism relies on a rotating wire helix driving slotted paddles connected together along a flexible strap.

> This model has been demonstrated to move both forwards and reverse.

# Model and simulation of the *polychaete* locomotion mechanism





Many DOFs and redundancy BUT implementation with single actuator (pattern generator)

J. Vincent et al., Bath University (2002)





#### Driving mechanism



Rotary movements have been chosen in the models as conventional actuators (micro / gearmotor) can be used in the development and testing of appropriate locomotion principles

The figure shows the connection of a gear motor to the gear train through bevel gears





-Biomimetic actuators

- electromagnetic motors
- EAP
- electrochemical
- SMA

# Enabling technologies Actuators

## Undulatory locomotion: dedicated sensors and actuators









## Electro-active polymers (EAP)

Our research on EAP and on EAP-based systems is presently moving towards two main directions:

material-oriented;

to push actuator performances to their upper bounds

> system-oriented;

to obtain truly biomimetic bio-inspired\_systems



#### Material side: conducting polymers

According to the calculated results we found that with this radial strain it is possible to reach axial strains of different magnitude, ranging from 25% up to 80%, depending on the inclination angle of the manufactured mesh



This is the bare steel wire where the polymer has been grown

These videos show two cycles of variation of the radial dimension of the electro-active \_\_\_\_\_ polymers





## System side: radial to axial conversion

*L<sub>f</sub> shows the initial and final length of the internal actuating fiber.* 

*F is the load applied on the mesh.* 



- The radial to longitudinal conversion is in principle not only possible but it can also result in an amplification effect.
- The gain factor depends on the maximum inclination angle that the manufactured mesh allows; the higher is that angle, the higher is the gain.
- The upper bound is reached only when this angle equals 90°, an evidently ideal value that corresponds to a completely collapsed mesh having horizontal threads.



## Bioinspired microfabricated structures

#### **Dielectric elastomer actuator:**



**Aim**: high electrostatic pressures pwith low driving voltages Vby improving the relative dielectric constant  $\varepsilon_r$ :

**Method**: high  $\varepsilon_r$  compound materials: dielectric elastomer + high  $\varepsilon_r$  inorganic powders (e.g. TiO<sub>2</sub>, PMN, PZT...)





### A SMA actuated prototype

#### Modular structure

- 4 segments with 5 peek disks (diameter 10 mm) and 4 sets of silicone strips acting as returning springs
- a single SMA spring with a wire diameter of 50 mm (medium diameter of the spring: 350 mm)
- 5 sets of polyurethane feet



#### Control

- the SMA spring part between two consecutive disks is autonomously activated
- to better simulate the peristaltic locomotion a time overlap between the activation of two adjacent segments has been implemented
- peak power supplied: 1.35 W





- Analysis of functional morphology of polychaete sensors

- Possible preliminary implementation of *Condylura cristata* sensing system

Enabling technologies Sensors

# Vision Guided Locomotion





An on-board image processor discerns the intestine lumen (T) from collision point (C) and the steering tip points automatically to the direction of lumen, thus avoiding ramming collisions



Borrowing sensing systems from creatures able to propel in "difficult" environments: the mole



Sensors for perception of propelled air

Geomagnetic sensors

Somatosensory cues (e.g. snout with Eimer's organs)



*T. Kimchi and Joseph Terkel, Seeing and not seeing, Neurobiology of behaviour, 2002* 



## The "visual-tactile" frontal sensor system of the Star Nosed Mole (Condylura cristata)



>25000 tactile receptors (Eimer's Organs) on the 12 appendages







Higher sensitivity of the 2 central appendages ("foveated" tactile system): larger brain cortex area occupation

Kenneth C. Catania, Vanderbilt University, Scientific American, August 2002

Continuous rapid movements of the appendages (fast exploration) and subsequent "focalization": the object is put in contact with the two central and more sensitive shorter appendages



## Sensory modalities found in the body region of Nereidae

- Mechanoreceptors (mainly touch) Sensory cells in body wall all along the body, parapodial cirri, setae
- > Chemoreceptors Parapodial cirri
- Proprioceptors Parapodial cirri, sensory cells near longitudinal and parapodial muscles





#### Sensorised hair: a possible solution

Sensor currently under development at SSSA:

- silicon-based three axial tactile sensor;
- based on piezoresistive transduction from piezoresistors in the suspended silicon membrane;
- dimension: 2 *x* 2 *x* 1 mm<sup>3</sup>.









Propulsion mechanisms:- locomotion mechanisms- adhesion mechanisms

**Undulatory locomotion:** *the polychaete annelids* 



## **Polychaete Annelids**

- Marine worms, members of the Annelida phylum
- Body consists of a large number of segments
- Length varies from 1mm to over 3m
- > Have many setae, extending from lateral appendages called parapodia:
  - Multipurpose structures, employed in swimming, crawling, digging and breathing
  - Equipped with sense organs (touch receptors)
  - Exist in pairs per body segment
- Variety of habitat and locomotory behaviour
- Characterised as either sedentary or errant











- Taylor developed a theory for the undulatory swimming of elongate animals
- Decoupled forces are considered in the tangential and normal direction of segment movement

#### **Resistive Force Model**

- Viscous Friction
  - Force is taken proportional to the respective velocity component

$$F_{N} = -c_{N}u_{N}$$
$$F_{T} = -c_{T}u_{T}$$

$$F_{N} = -\lambda_{N} u_{N}^{2} \operatorname{sgn}(u_{N})$$
$$F_{T} = -\lambda_{T} u_{T}^{2} \operatorname{sgn}(u_{T})$$

- Fluid Drag
  - Force is taken proportional to the square of the velocity

#### Coulomb Friction

Force follows the Coulomb friction law

$$F_{N} = -\mu_{N} mg \operatorname{sgn}(u_{N})$$
$$F_{T} = -\mu_{T} mg \operatorname{sgn}(u_{T})$$

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### Undulatory locomotion of elongate animals

#### SMOOTH BODY

- For animals with a smooth body (example: eel) c<sub>T</sub> is very small
- Forward movement is achieved by propulsive waves moving to the posterior of the body
- Backwards movement or braking is by reversing the direction of the wave

#### ROUGH BODY

- Roughness elements on the body generate greater tangential forces, i.e. C<sub>T</sub> > C<sub>N</sub>
- Forward movement is achieved by propulsive waves moving to the anterior of the body
- Encountered among polychaete (medium Re), as well as certain protozoan and flagellates (low Re)





## Matlab/SimMechanics environment







Control and gaits (for polychaete locomotion)

- Open loop and closed loop control
- Sensor based control
- Neural control

# **Open-loop Control**





#### Gaits with parapodial movements

#### **PARAPODIAL FORCES**

- Quadratic force can model (with limitations) the rowing action of parapodia in a fluid medium
- Coulomb friction can be used when interacting with solid environment
  - Coupled to a ground contact detection scheme
  - Depending on the assumed motion cycle, the recovery stroke does not necessarily generate (dragging) forces.

#### **GAIT ENHANCEMENT**

- The parapodial appendages provide additional versatility for the undulatory mechanism.
- > E.g. Turning Gait:
  - Normally generated by introducing angle offset in the oscillation of the body joints.
  - Parapodia offer an alternative/complementary propulsion mechanism.

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**ICS-FORTH** 





Control and gaits (for polychaete locomotion)

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# **Closed-loop** Control



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## **Closed-loop** control

Joint angle control:





Heading speed and orientation controller

**Closed-loop control of:** 

- joint oscillation amplitude A (alters heading speed)
- joint angle phase lag  $\psi$  (alters orientation)

Decoupled controllers for A and  $\psi$ . Structure for both controllers is PI(e) + D(y) Orientation control has priority over heading speed control.





Control and gaits (for polychaete locomotion)

- Open loop and closed loop control
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- Neural control

## Sensor-based Control

## Sensor-based control: Undulatory centering response



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- Undulatory corridor-following
- Sensory data: distances of "head" link from walls
- Sensor-based joint angle control:

$$\varphi_m(t) = A\sin(2\pi f t + m \varphi_{lag}) - k \left(\frac{1}{d_{1,avg}(t)} - \frac{1}{d_{2,avg}(t)}\right)$$

where 
$$k > 0$$
,  $m = 0, ..., 5$  and  $d_{i,avg}(t) \Box \int_{t-T}^{t} d_i(\tau) d\tau$ .



"Swimming" smooth-body polychaete model





Control and gaits (for polychaete locomotion)

- Open loop and closed loop control
- Sensor based control
- Neural control

## **Neural Control**



## Polychaete Neural System

- > The polychaete neural system exhibits a distributed organization.
- Nerves from the segmental ganglia innervate the muscles of adjacent segments.
- Evidence of central pattern generators exists in annelid locomotion (polychaete, leeches).
- **Giant fibers** bypass the ganglia and allow rapid reflexes to emerge.





#### Neural control: Motion control by CPGs



The CPG produces rhythmic activity, which is modulated by input from:

- sensors and
- higher cognitive elements. This affects:
- the frequency of oscillation and
- the phase between neurons.

**Central Pattern Generators** are neural circuits able to produce rhythmic motor patterns, even in the absence of sensory input or input from higher cognitive elements.

(*E.g.* The CPG controlling lamprey swimming is located in its spinal cord.)

**Rhythmic activity** may emerge due to the (mutually inhibitory) connectivity of non-oscillating neurons. **Interneurons** produce the oscillatory activity and drive motoneurons, which control the muscles that drive (biological or robotic) links.



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#### Benchmarking with conventional endoscopic techniques

Description of force parameters of the colonic tract in interaction with endoscopic devices and techniques

Different experimental series have been performed to describe the interaction of tools and bowel.



Mesenteric resistance

#### Colonic wall resistance



#### Parameters for Mesenteric hazards: walking inside Tears the colon Ruptures • Forces · Wall elasiticity Force / step ratio Force pattern overview Device advancement forces Colonic Paremeters for hazards creeping inside the colon Perforation With tail Without tail



#### Creation of testbed modalities for qualitative studies

Realization of a biohybrid phantom model for assessment of locomotion systems

IHCI has developed a biohybrid phantom model which consists of a combination of plastic bodyform and specifically modified fresh animal tissue. The animal tissue (e.g., pig colon) is fixed in a humanoid geometry.





# Conclusions and Future Activities

# Concept of biomimetic (annelids-like) device





1) Friction enhancement

surface

2) Smart skin with embedded sensors

3) Silicone body

4) Actuator

5) Electric contacts for actuator powering

6) Energy and control wires

7) Electric contacts for signal transmission